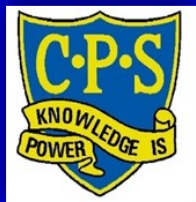


# Cowra Public School Newsletter



Term 3 Week 8 2020

Vaux Street, Cowra NSW 2794 (02) 63422400 [cowra-p.school@det.nsw.edu.au](mailto:cowra-p.school@det.nsw.edu.au)



10th September 2020

## Principal's Message

### **Wellbeing Week!**

This week at Cowra Public, staff have celebrated a week focusing on their wellbeing! Wellbeing Week encourages our hard-working staff to take a step back and ensure they are looking after their physical, mental and emotional health. Thank you to Mr Murray, Mrs White, Mr Garlick and the Wellbeing Team for organising some lovely activities for staff throughout the week including a complimentary coffee run, staff quiz afternoon, daily Rebus Puzzles, a special morning tea, a meeting-free week, PJ's and Ugg Boot Day and a morning walk and coffee at the Rose Garden Cafe. Staff have thoroughly enjoyed a 'slower-paced' week and the chance to recharge and refresh themselves, ready for the final two weeks of Term.

### **External Validation**

Each year, a group of schools are nominated to participate in the External Validation (EV) process and Cowra Public was selected to undergo EV this year. EV provides schools with the opportunity to conduct a self-assessment and discuss judgements about their practice, and the evidence that underpins these judgements, with a panel which includes a Principal, School Leadership and a Principal from another school. Over the past few months, the EV Team at Cowra Public have been busy collecting and annotating evidence across a wide range of areas including teaching and learning, school resources, professional learning, leadership, wellbeing and finance and administration. Our EV submission was uploaded on Monday, with our panel date set for Tuesday 22 September. We look forward to sharing this information with our school community in the near future.

### **Dr Rosie the Scarecrow!**

A big congratulations to students in Garden Club and Art Club who combined their talents and skill to build and outfit "Dr Rosie" the scarecrow, who made her appearance at the Woodstock Show on the weekend! Dr Rosie's Covid-19 inspired look was a huge hit with the public and was voted as the 'Reserve Champion' and 'People's Choice Award' on the Woodstock Show's Facebook page, winning a \$100 voucher from Bunnings and a \$50 voucher from the Kendal St Newsagents! Thank you to Mrs Oborn and Mrs Hattenfels for assisting the students with this wonderful project!



### **Kindergarten 2021 Enrolment Forms are now due!**

We are now at that stage of the year where planning for 2021 begins. If any CPS parents have Kindergarten enrolment forms, it would be greatly appreciated if you could send these into the office so that we can add your child's details to our Kindergarten list, and the organisation of classes can begin. If you have a child starting school in 2021 and have not yet completed

## What's Happening?

### Wellbeing Week

Monday, 7th -  
Friday, 11th  
September

Friday, 11th  
September

Assemblies

Thursday, 17th  
September

Stage 3 Walkathon

Friday, 18th  
September

Stage 2 Assembly  
for Public Speaking

Thursday, 24th  
September

Book Week Parade



**Our Week 8  
PBL  
Social Skills:**

**Infants:**  
Interrupting  
**Primary:**  
Joining In

**Every Child ~ Every Opportunity ~ Every Day**

an enrolment form, please contact the office on 63422400 to organise your enrolment pack. Mrs McFarland and Billy the Platypus visited 2021 Kindergarten students at Carinya yesterday. Pre-school visits to Yalbillinga and Nurture One are also scheduled over the coming weeks.

### Spotlight on...Guguburra!

Each week in our Newsletter we shine the spotlight on a particular class or area in the school. This week we would like to share some of the amazing work from the Stage 1 students in Miss Noal's class, Guguburra!

Have a wonderful week!

Jenny Lewis  
Principal



### **Book Week & Book Fair 2020** **Book Week is coming....Week 10, Term 3** **Theme: Curious Creatures, Wild Minds** **Book Week Parade - Thursday, 24th September**

Dress Up Parade: As part of our Book Week celebrations we will be having a dress up parade on Thursday, 24th September, where children are invited to come dressed as their favourite character from a book or dressed as something related to the Book Week theme which this year is Curious Creatures, Wild Minds. The children will all be briefed on this during library lessons and warned not to ask for a costume the night before the parade! Curious creatures is a wonderful theme which enables students to be creative and

create any kind of costume they like! Unfortunately due to current Departmental Covid restrictions we will not be able to conduct our traditional book week parade down the main street but we are working on a virtual alternative. The actual date will be advised as soon as possible.

Book Fair: We are also holding our tradition Scholastic Book Fair in Week 9&10. Books are provided for sale by Scholastic and the library earns a commission for each book purchased which we use to purchase items that directly benefit students. This year, parents will not be able to attend the library for purchases so all purchases must be made by students.

### **DO YOU WANT TO LEARN ABOUT HORSES & HOW TO RIDE?**

#### **JOIN THE GIDDY UP CLUB**

RDA COWRA are planning to trial after school horse skills & riding lessons for children 6 to 16 years on Tuesday afternoons from 4pm to 5pm during Term 4 2020.

At Giddy Up Club participants will be involved in learning to safely catch & release, lead, groom, saddle & develop riding skills. A RDA qualified coach will supervise Giddy Up Club.

Fees for Giddy Up Club in Term 4 2020 are \$150 for a 5 week block. You can use the Active Kids voucher. For this term only the registration fee has been reduced & included.

Dates are: Block 1 - 13 Oct to 10 Nov  
Block 2 - 17 Nov – 15 Dec

No previous horse experience necessary. Horse, helmet & boots are provided.  
COVID -19 protocols are in place and a Parent/carer must be in attendance.

If interested please contact RDA Cowra at [rdacowra@gmail.com](mailto:rdacowra@gmail.com) by 21 September for application forms. Please provide name & age of rider, name of parent /carer & contact phone number & email address.

Numbers are limited and your placement in the Club will be on a 'first come, first served' basis, and deposit of \$150 into RDA Cowra bank account.

Enquiries Joy 0429120297

**Every Child ~ Every Opportunity ~ Every Day**

# Spotlight on...Guguburra!

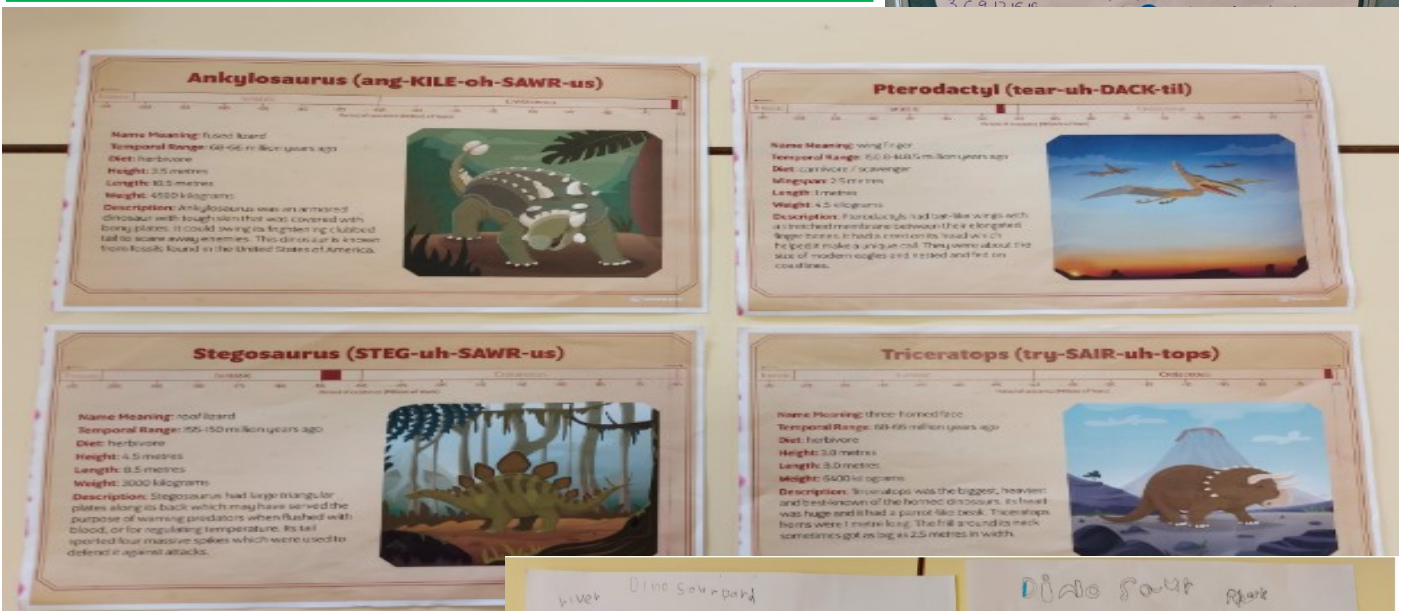
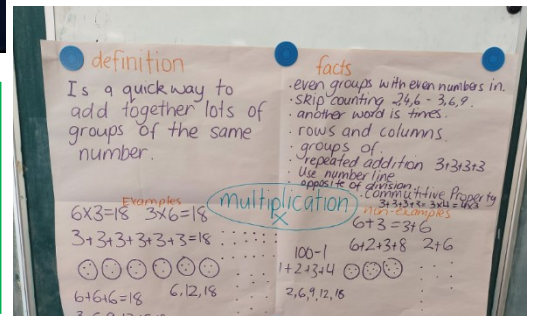


## Multiplication kids

We have been thinking really hard about multiplication. Our brains are sweaty and we love the challenge.

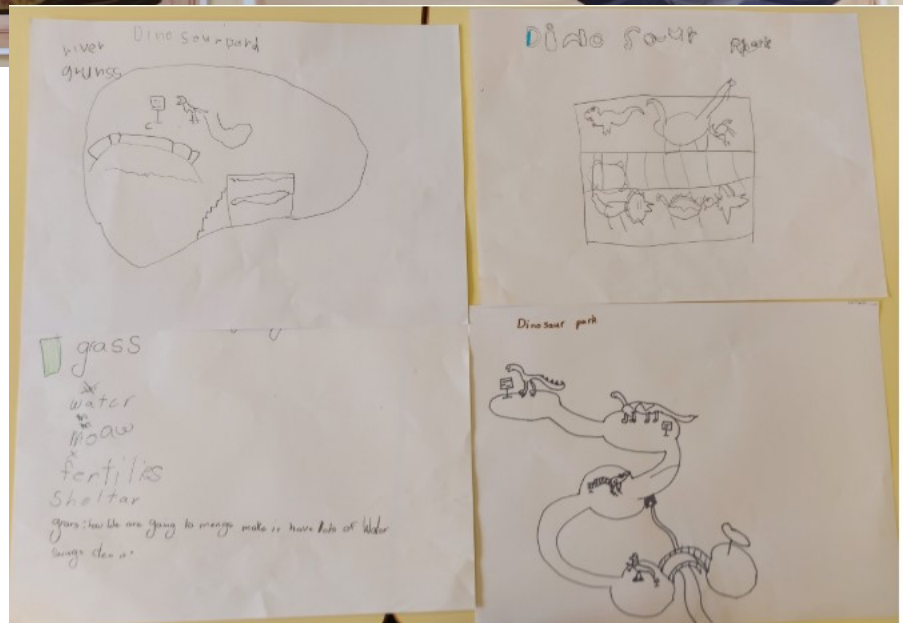
## Dino Frenzy

There is so much enjoyment learning about dinosaurs. We know many facts about them.



## Designs for the future

We have been designing our own parks, how to manage them, what man-made objects to include in them, and what is naturally provided for us.





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# OUT OF SCHOOL HOURS

**COWRA PCYC OOSH**  
Ph: 0491 053 180

## Week One

Monday 28th September 2020	Tuesday 29th September 2020	Wednesday 30th September 2020	Thursday 1st October 2020 Additional cost \$4	Friday 2nd October 2020
<b>Hot Wheels Raceway</b> – Bring your scooter to the club.	<b>Remote Control Speed Way</b> – Bring your remote control device to the club	<b>Junior Garden Club</b>	<b>Mega Paint Day</b>	<b>PCYC biggest day of records and personal best.</b>
Hot Wheels Race Way is no obstacle for speed and instead focuses on an individuals gross motor skills. Children will be learn how to navigate through the agility course under instruction of rules and following visual signage.  <b>Participants must have helmet, enclosed footwear + appropriate clothing to participate</b>	PCYC has the perfect space to race and utilise remote control devices.  Bring your remote control device to the club and engage in the courses or evolve your own.  Few remote control devices will be on offer to utilise at the club.	These October holidays PCYC OOSH will deliver a condensed version of our after school Junior Gardening Club program, offering opportunity to learn basic garden skills, engage in interesting gardening activities and exploring creative gardening	Come and get creative by contributing to a new PCYC room display. Kids will have the choice of working in a group or doing their own individual creations. Variety of materials will be provided to paint, exposing the true artist within every child.	PCYC will challenge individual strengths bringing out the best of their ability hosting our own records day  Just to name a few - - Most jumps in skipping rope - Running laps in gym - Fastest sack racer - Furthest football kick - Most crafts made - Longest handstand - Most books read, puzzles completed and anything else we put our minds too

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# OUT OF SCHOOL HOURS

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## Week Two

Monday 5th October 2020	Tuesday 6th October 2020 Additional \$2	Wednesday 7th October 2020 Additional cost \$4	Thursday 8th October 2020	Friday 9th October 2020
<b>PUBLIC HOLIDAY</b>	<b>Belated National Get Funky Day</b>	<b>National Coffee With A Cop Day</b>	<b>Parkour</b>	<b>Gymnastics</b>
PCYC CLOSED  <b>National Get Funky Day</b>	National Get Funky Day falls on 5th October – Celebrate by dressing bright and funky, ready for a jam packed day of fun.  - Dancing - Team building games - Face painting	PCYC Police Officer Kylie is invited to join us at the club for morning tea.  Children will assist prepare scones and fruit platters in a Covid safe environment. We will then get the opportunity to sit around each other engaging in small chatter enhancing their social skills.	Parkour is a sport of moving rapidly through an area and avoiding obstacles by running, jumping, and climbing.  Children will be given the opportunity to engage in this unique sport under the supervision of qualified coach Caitlin.	Gymnastics is a physical activity focusing on enhancing gross motor development, balance, coordination, strength.  Children will be given the opportunity to engage in this unique sport under the supervision of qualified coach Caitlin

**PCYC** | POLICE CITIZENS YOUTH CLUBS