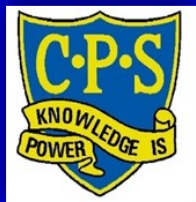


Cowra Public School Newsletter



Term 3 Week 2 2020



✉ Vaux Street, Cowra NSW 2794 ☎ (02) 63422400 📧 cowra-p.school@det.nsw.edu.au

30th July 2020

Principal's Message

It has been a busy week in all classes across the school, and students have quickly settled back in to their learning after the holiday break. The beginning of term is always exciting as new units of work get underway, and the planning and preparation our teachers have put in over the holidays is evident. Every classroom is filled with amazing displays of student work and there is a constant 'buzz' around the school as every student focuses on getting the best out of every opportunity, every day.

Parent/Teacher Interviews

This year, due to COVID-19 restrictions, we are unable to hold parent/teacher interviews as part of our follow up from Semester One Reports. To counter this, we will be offering parent/teacher interviews over the phone, and have allocated teachers a half-day each to conduct these interviews during school hours. Notes were sent home yesterday for completion, indicating if you would like your child's teacher to contact you to discuss their learning progress and goals for Semester Two. Please return these to the school office by **Monday 3rd August**. Teachers are looking forward to touching base with all families. Please note, students in Bilbi, Mirri and Budyabudya students will have their review and reappraisal meetings on Friday 21st August. These are being coordinated individually by Mrs McCabe.

Online Mini-Writing Festival

This week selected students from Stage 2 and 3 participated in an online Mini-Writing Festival. Each day students were treated to a video conference session with an Australian author and illustrator, and challenged to complete a writing-based task focusing on a different aspect of writing or illustrating. Some of the authors included Jackie French, Andrew Daddo and Stephen Michael-King. Thank you to Mrs Eaton for supervising our talented and eager writers... what an amazing experience for them!

2020 ICAS Assessments

Attached to this week's newsletter is information about the 2020 ICAS Assessments. Please note that payment for 2020 ICAS is online via the parent payment portal – this link is in the attached information. Also please note that all assessments are online and the closing date for payments is **Sunday 2nd August**. Participation in the ICAS assessments is entirely optional.

Life Education Van "Healthy Harold"!

Healthy Harold the Giraffe and the Life Education rolled into CPS on Monday afternoon! It has been two years since Healthy Harold's last visit to CPS and students look forward to spending time in the Van and learning about a range of healthy topics. All students will have the opportunity to attend at **no cost** thanks to contributions from the school and P&C!

What's Happening?

Tuesday, 28th July
through to Thursday,
30th July

Life Education Visit

Friday, 31st July

Assemblies

Monday, 3rd August
through to
Wednesday, 5th August

Life Education Visit

Monday, 3rd August

Education Week
commences

Friday, 14th August

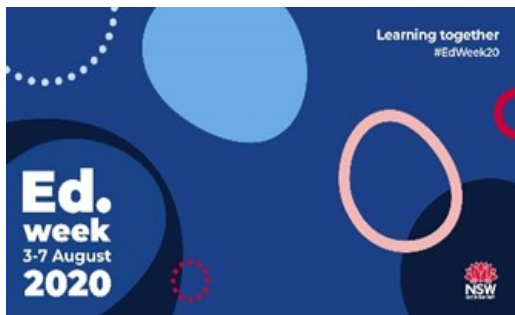
Assemblies



Our Week 2 PBL
Focus is:

Asking a question

Every Child ~ Every Opportunity ~ Every Day



Education Week

Next week NSW Public Schools will be celebrating "Education Week", with the 2020 theme being "Learning Together". We will have some special activities and events at Cowra PS to mark this event including "Learning Together" snaps from each class which will be posted on Facebook, so that our families can be part of the celebrations, guest teacher visits to different classrooms and some special videos showing the variety of learning opportunities which happen across our school. Healthy Harold will be on site all week, and we also have a few surprises in store for our students!

Spotlight on...Garru!

Each week in our Newsletter we shine the spotlight on a particular class or area in the school. This week we would like to share some of the amazing work from the Kindergarten students in Miss Hamer's class, Garru!

Jenny Lewis
Principal

Kindergarten Enrolments

We are now accepting enrolments for Kindergarten 2021. If you know of any families with a child looking to start Kinder next year, please encourage them to call the school to discuss our enrolment procedures. It is important to note that a new enrolment policy has been put in place this year in all NSW Public Schools, and school enrolment zones are now in place. We are happy to answer any questions parents may have about their child starting school in 2021. If you have any questions about enrolling at our school, please call the office on 63422400.





COWRA PUBLIC SCHOOL

'Knowledge is Power'

✉ Vaux Street, Cowra NSW 2794 ☎ 63422400 🖨 63411357
💻 cowra-p.school@det.nsw.edu.au 🌐 www.cowra-p.schools.nsw.edu.au

Wednesday 29 July 2020

Dear Parents/Caregivers,

Due to the COVID-19 restrictions, instead of having our Semester 1 Parent/Teacher Interviews face-to-face, this year we will hold them over the phone. Class teachers will be allocated a 3-hour timeslot where they will be released off class to contact any parents or carers wishing to discuss their child's learning progress and raise any questions or concerns, they may have regarding their Semester 1 Report. Phone calls will go for approximately 10 minutes. If your child has a Learning Support Plan (LSP) or Personalised Learning Pathway (PLP) which was completed in Term 1, a review of this plan is required.

Please check below for the date and time your child's teacher/s will be available to contact you and complete the information on the slip below. This needs to be returned to the school office. Please understand that teachers may contact you at any time within the allocated three-hour period. We do understand that for some families, the below timeslot may not be suitable. If this is the case, please inform us via the return slip and your child's teacher will arrange an alternate time to contact you.

Mirri, Budyabudya and Bilbi students will have their review and reappraisal meetings on Friday 21st August. These are being coordinated individually by Mrs McCabe.

Phone Interview times are as follows:

Time	Tuesday 4th August	Wednesday 5th August	Thursday 6th August	Friday 7th August
9:00am-12:00pm	Miss Noble Mrs White		Mrs Johnson	
12:00pm-3:00pm	Mr Jeffries Miss Hamer	Miss Storr	Mrs Skene	

Time	Monday 10th August	Tuesday 11th August	Wednesday 12th August	Thursday 13th August
9:00am-12:00pm	Mrs Duncan	Mrs McFarland Ms Beecher	Mrs Galea/Partridge	Miss Sullivan
12:00pm-3:00pm	Miss Noal	Miss Van Balllekom Mrs Gibson	Mrs Berry/Montgomery	Miss Irvine

Kind Regards,

Jenny Lewis

Principal

✂

Request for Parent/Teacher Phone Interview – Semester 1 2020 Review

Please return by Monday 3rd August

Child's Name - _____ Teacher's Name - _____
(please tick ✓ one box below)

☐

YES - please contact me at the above time. My best contact number is _____

☐

YES - please contact me to arrange an alternate time. My best contact number is _____

☐

NO – I am happy with my child's progress report and do not require an interview at this time.

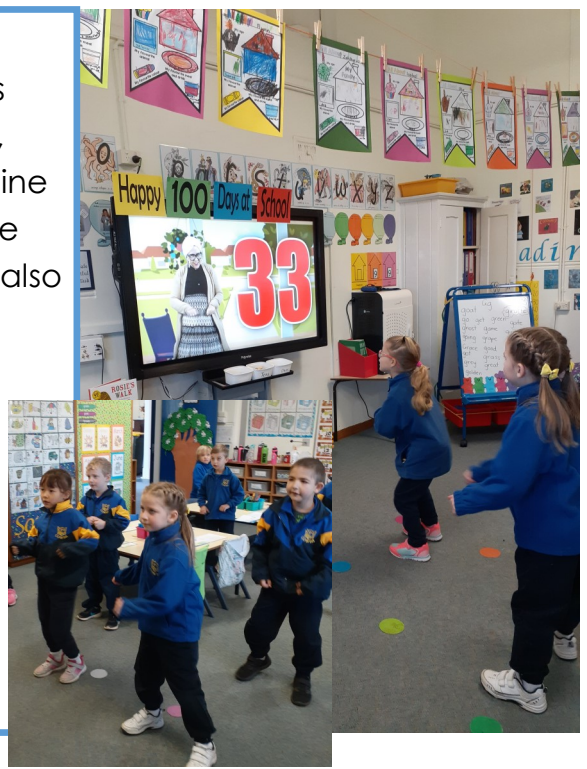
Spotlight on...Garru !



We have enjoyed a Wiradjuri session with Mrs Galea and Aunty Esther, made our own number line to 13 and worked out the missing numbers. We've also had fun outside with the parachute during



infants sport and have enjoyed the story "Rosie's Walk" by Pat Hutchins during L3.



Tuesday 21 July 2020

Dear Parents/Caregivers,

Cowra Public School will be participating in the ICAS Assessments again this year. ICAS is developed by UNSW Global, a wholly owned subsidiary of the University of New South Wales.

ICAS is designed to target students' higher-order thinking and problem-solving skills in English, Mathematics, Science, Spelling and Digital Technologies. Students will receive a certificate and an online result report. Top performers will be eligible for medals and are invited to attend special award ceremonies to have their academic excellence publicly recognised. The ICAS assessments are suitable for students wishing to extend themselves academically and take up the personal challenge of competing in an international assessment. Your child will be presented with high-quality, expert-developed questions, allowing them to apply their learning without the need for prior study or revision.

ICAS Assessments are online, a move that reflects a sector-wide transition to computer-based assessment. This allows greater accessibility for students and faster delivery of results.

Payment and Permission Information

ICAS fees must be paid online. Online payments will close on **Sunday 2nd August, 2020**.

1. Visit <https://shop.unswglobal.com.au/pages/pps>
2. Enter the code **MRX919**
3. Follow the prompts to register your child/ren and proceed to online payment.

Sitting dates are;

ICAS Subject	ICAS Test Sitting Dates	Cost
Science (Year 2-6)	17-21 August 2020	\$15.95 (inc GST)
Writing (Year 3-6)	NOT AVAILABLE IN 2020	N/A
Digital Technologies (Year 3-6)	24-28 August 2020	\$15.95 (inc GST)
English (Year 2-6)	24-28 August 2020	\$15.95 (inc GST)
Spelling (Year 2-6)	31 August-4 September 2020	\$15.95 (inc GST)
Mathematics (Year 2-6)	31 August-4 September 2020	\$15.95 (inc GST)

Jenny Lewis (Principal)

Privacy notification:

To analyse your child's progress effectively, our school conducts an ongoing assessment program. The assessment we are using is a product of our partner, Janison Solutions Pty Ltd (**Janison**). In order to deliver the assessment, Cowra Public School and Janison (through our school) collect your child's personal information, such as their name, date of birth, year level and school results when you register your child to sit an assessment in the program. You must ensure that this information is accurate and current. Janison also stores, uses and modifies the personal information in order to generate reports, conduct research and analysis, and improve its products and services. Janison may disclose that information to third parties that help us deliver our services (including information technology suppliers, communication suppliers and our business partners) or as required by law. We may also disclose your personal information to recipients that are located outside of Australia. As the parent or guardian of a student who intends to sit an assessment, by registering your child into the assessment, you consent to our school and Janison collecting and using your child's personal information for the purposes outlined above. This includes the disclosure of your child's personal information outside Australia consistent with Janison's Privacy Policy www.janison.com/privacy-policy. Where practical in the circumstances, Janison will take reasonable steps to ensure overseas recipients use and disclose personal information in accordance with the Janison Privacy Policy.

If you do not provide your child's personal information to us or Janison, we may not be able to deliver the assessment to your child. If you wish to access or correct your child's personal information or to make a complaint about how we have handled your child's personal information, please contact the school on 63422400 or Janison's Privacy Officer at privacy@janison.com or by writing to Legal and Compliance Team, Janison Solutions Pty Ltd, c/o Automic Group Pty Ltd, level 5/126 Phillip Street, Sydney NSW 2000.

CPS Winter Canteen Menu

Term 2 & 3

Monday	Tuesday	Wednesday	Thursday	Friday
Lasagne \$5.00	Butter Chicken & Rice \$5.00	Macaroni Bake \$5.00	Spaghetti Bolognaise \$5.00	Tuna Mornay \$5.00
Mac & Cheese \$5.00	Curried Snags & Rice \$5.00	Tuna Bake \$5.00	Chicken Pasta Bake \$5.00	Chicken Carbonara \$5.00
Soup of the day \$5.00	Soup of the day \$5.00	Soup of the day \$5.00	Soup of the day \$5.00	Soup of the day \$5.00

Daily Healthy Hot Meals. All meals are cooked fresh on the day. **Everyday**

Hot Occasional Food

(Selected Days ONLY)

- Chicken Strips (max of 3) for \$3 **(Monday & Wednesday ONLY)**
- Chicken Burger (lettuce, cheese & mayo) \$5 **(Tuesday & Thursday ONLY)**
- Cheese Burger \$4 **(Monday & Friday ONLY)**
- Meat Pie \$4.50 **(Tuesday & Thursday ONLY)**
- Home-made Sausage Roll \$3.50 **(Wednesday & Friday ONLY)**
- Chicken Breast & gravy Roll \$5.00 **(Monday, Wednesday & Friday ONLY)**
- Mini Chic Tender wrap \$3.50 (Lettuce, cheese & mayo) **(Thursday & Friday ONLY)**
- Pizza – Ham/cheese \$3.00, Hawaiian \$3.50, BBQ Chicken \$4.00 **(Monday, Tuesday, Wednesday)**

Sauces .30c each max 2 per serve – Tomato, Bbq, Sweet & Sour.



Sandwiches/Wraps (Everyday)

- ❖ Toasted Sandwiches – Cheese \$3.00
 - Ham & Cheese \$3.50
 - Ham/Cheese/Tomato \$4.00
- ❖ Vegemite \$2.00
- ❖ Cheese \$2.50
- ❖ Ham \$2.50
- ❖ Tuna \$3.50
- ❖ Chicken/Ham Salad Sandwich (lettuce, tomato, cucumber & cheese) \$5.00
- ❖ Chicken/Ham Salad Wrap (lettuce, tomato, cucumber & cheese)
 - Full \$5.00 ½ \$3.50
- ❖ Salad Bowls (no meat) \$5.00 or \$6.00 (with meat)
- ❖ Vege Burger \$5.00 (Pattie, lettuce, tomato cucumber, Sauce optional)

If there are any children with special Dietary needs please let me know!!

Snack Food Recess/Lunch

- Popcom Sml .50c
- Lg \$1.00 (E)
- Fruit Cups \$1.00 (E)
- Fruit & Custard \$1.00 (E)
- Jelly Cup .50c (O)
- Custard Cup .50c (O)
- Jelly & Custard Cup \$1.00 (O)
- Nacho cups Sml .50c
- Lg \$1.00 (O)
- Cheese & crackers sml .50c
- Lg \$1.00 (E)
- Celery/Carrot sticks .20c (E)
- Watermelon on Stick .20C (E)
- **Vege Dip Pack (E) \$1.50**
(Carrot, Celery, Capsicum, Cheese & Dip)
- Banana on a Stick .50c (E)
- Choc Top Strawberries .50c (E)

Baked Treat

- Fruit Muffins \$1.00 occasional
- Zucchini Slice .50c everyday
- Apple Donuts .50c everyday
- Mini Quiche's \$1.00 everyday
- Banana Bread \$1.00 occasional
- Brownies square .50c occasional
- Fruit Kebab with dipping sauce \$1.50
everyday
- Ham & Corn Bites .50c everyday
- Seasonal Fruit .50c everyday

**These items will vary from day to day.
Please order if you would like a
particular item.**



Cold Items (Lunch Only)

- Quelch Sticks .80c
- Frozen Juice .50c
Apple/Blackcurrant, Apple, Orange &
Orange/Mango
- Frozen Yoghurt \$2.50
Watermelon/Mango, Choc/Vanilla
- Slushies (term 1 & 4 only) \$2.00



Cowra Public School Canteen is aligned with the NSW Healthy School Canteen Strategies.
E – Stands for **Everyday** and includes food that is healthy for our children to eat every day
O – Stands for **Occasional** and includes food that is treats for our children to enjoy occasionally



COWRA PUBLIC SCHOOL

2021 ENROLMENTS OPEN



EVERY CHILD | EVERY OPPORTUNITY | EVERY DAY

UNIQUE LEARNING OPPORTUNITIES
STRONG TRADITIONS REFLECTING COMMUNITY VALUES
21ST CENTURY LEARNING & TEACHING FOCUS

for more info

<https://www.facebook.com/cowrapublicschool/>



ABOUT US

We are committed to creating a collaborative and inclusive learning environment where students and staff are encouraged towards innovative thinking and life long learning.

ENROLMENT PROCESS

Enrolment packs now available. Call now to arrange your personal tour with our Principal, Mrs Jenny Lewis. Come along to our Kindergarten Parent Information Evening on Thursday 6th August at 5.30pm.

For more information call:

(02) 6342 2400

E: cowra-p.school@det.nsw.edu.au

WE OFFER YOUR CHILD

- ✓ Comprehensive learning programs
- ✓ High quality explicit teaching
- ✓ Strong wellbeing focus where every child is valued
- ✓ Innovative 21st century learning
- ✓ A positive learning community

Every Child ~ Every Opportunity ~ Every Day



COWRA PUBLIC SCHOOL EDUCATION WEEK 2020



EVERY CHILD, EVERY OPPORTUNITY, EVERY DAY

.....

MONDAY 3rd AUGUST to
FRIDAY 7TH AUGUST

* HEALTHY HAROLD LIFE EDUCATION VAN VISIT
* PAPER PLANE FLYING COMPETITION * BUDDY
CLASS VISITS * FEATURED SOCIAL MEDIA CLASS
PROFILES * MATHS OLYMPIAD * "A DAY IN THE
LIFE OF A CPS KINDERGARTENER" VIDEO LAUNCH
* GUEST TEACHERS * LEARNING TOGETHER *

CHECK OUT OUR FACEBOOK PAGE - COWRA PUBLIC SCHOOL DEC

Every Child ~ Every Opportunity ~ Every Day

COWRA PUBLIC SCHOOL

KINDER 2021 PARENT INFO SESSION

THURSDAY 6TH AUGUST 2020

POSTPONED

UNTIL FURTHER NOTICE, DUE TO COVID-19 SPREAD

FOR MORE INFORMATION VIEW
COWRA PUBLIC SCHOOL DEC FACEBOOK PAGE
OR COWRA PUBLIC YOUTUBE CHANNEL

Nutrition Snippet

KIDS AND CALCIUM.



Calcium is important for growing healthy bones and teeth.

Our calcium-rich custard pudding makes a delicious lunch box treat, snack or dessert.

healthylunchbox.com.au

 **Cancer Council**
Healthy Lunch Box

COWRA PUBLIC SCHOOL KINDER 2021 PARENT INFO SESSION



Discover how CPS provides
Every Child -
Every Opportunity - Every Day

AUGUST 6TH 2020

Virtual Tour available
to view on  and  YouTube
Cowra Public School DEC
For more details - call 6342 2400

Nutrition Snippet

THIRSTY?



Water or plain milk is the best.

Try these ideas to zing up your drink:

- Water flavoured with slices of strawberries, orange or lemon makes a refreshing change
- For the lunch box, add some berries or cucumber slices to a bottle of water and pop it into the freezer
- Check out our [blog](#) for more healthy thirst-quenching ideas

healthylunchbox.com.au

 **Cancer Council**
Healthy Lunch Box

Every Child ~ Every Opportunity ~ Every Day