



COWRA PUBLIC SCHOOL

'Newsletter'

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Term 4 Week 3
31st October 2019

Dear Parents/Caregivers,

This week our Stage 3 students are enjoying their week long excursion to Narrabeen Sport and Recreation Centre in Sydney! Mrs Skene, Miss Noble, Mr Duncombe, Mr Murray, Mr Jeffries and Mrs Johnson have been updating us all with lots of photos and videos from camp, and I think it is safe to say that both students AND teachers are having the time of their lives! Archery, high ropes courses, rock climbing, bushwalking, kayaking, damper making and a visit to Palm Beach where the TV show 'Home and Away' is filmed are just some of the activities that they have been involved in so far. Students will arrive back at school on Friday afternoon at approximately **6:30pm** and I'm sure will have lots of amazing stories to share. What a terrific experience!

2020 Student Leadership Team

Congratulations to Year 5 students; Katelyn Anslow, Lola Eaton, Haylie Ingram, Zoe McKay, Jock Casey, Kane Duncan, Charlie Sturgiss and James Wallace on their selection as members of our 2020 Student Leadership Team. These eight students were voted in to this important leadership role by their Stage 3 peers and will be busy over the next two weeks preparing their "Captains Speeches" to be presented at our Week 4 Primary Assembly. Year 2 students will join this assembly and voting will take place immediately following the speeches. School Captains, Vice Captains and Prefects will then be announced later in the term with the official badging to take place at our 2019 Presentation Day on Monday 16th December. Good luck to all students!

Sporting Stars!

Last term, Remi Chilstone was successful in qualifying for the State PSSA Athletics Carnival in the 11 years girls High Jump and the 11 years girls Long Jump. This is a wonderful achievement and we wish Remi the very best as she competes at the state carnival in Homebush next week!

Congratulations again to our Boys PSSA Boys Cricket Team who were successful in winning their match against Griffith East in the 5th round of the PSSA Knockout on Monday. Their next match will be played next Thursday against Howlong Public School, in Wagga Wagga and we wish them the best of luck! This now means that out of 520 entrants, they are in the final 16 schools in the state! Good luck boys!

Staffing Update

Mrs Tess Hopson will be taking leave from Thursday 7th November until the end of the year. Miss Katherine Van Ballekom will be replacing Mrs Hopson and is very excited about taking on the role as Gulambali class teacher. All families in Gulambali should have received a letter



Steph Cook MP, Member for Cootamundra, presented our school with new Australian and Aboriginal Flags.



Happy Jump Rope for Heart
Prizewinners

October	
31st	Stage 2 Farm Excursion to Moxley Farm
November	
1st	Stage 3 excursion finishes
5th	Kinder Orientation 9.30 - 11am
7th	Year 6 transition
8th	Assemblies: Primary-11.45am Infants - 2.15pm
12th	Kinder Orientation 9.30 - 11am

on Wednesday advising of these changes. Mr Greg Garlick will step in as relieving Assistant Principal Stage One in Mrs Hopson's absence. We look forward to seeing Mrs Hopson return to CPS in 2020.

Kinder Orientation!

Our second Kindergarten Orientation visit was held on Tuesday and it was lovely to see our 2020 Kinders having fun, making new friends and becoming more familiar with "big school"! We look forward to seeing them all again next Tuesday from 9:30am-11:00am.

Stage 2 Excursion

Today Stage 2 students and staff are on an excursion to Moxey Dairy Farms at Gooloogong as part of their studies in geography. Thank you to Miss Noal for coordinating this excursion. Be sure to check out our school Facebook page later today for lots of photos of their excursion.

Selective Schools Year 7 2021 Application

A reminder to all Year 5 parents that applications for entry to Year 7 in selective high schools in 2021 close Monday November 11 2019. Please click the link <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7> for more information about how to apply.

Jump Rope for Heart

The Jump Rope for Heart 'Jump-off' days were held at the end of Term 3, and our school raised over \$2000 for the National Heart Foundation. Thank you to Miss Jayne Sharkey for her coordination of this event, and to all the students who worked hard to raise sponsorship money! Yesterday Mrs Duncan received all the sponsorship prizes, and these were distributed to students. What a fantastic effort CPS!

Have a great week...

Jenny Lewis

Principal

Fun Times at

Narrabeen



You did it!

Congratulations Assembly Awardees

Bugbug	Dinawan	Garru	Mugi	Gilaa	Gulambali	Dhundhu
Savannah Bates	Lilah Ford	Cheyenne Parkinson	Burke smith	Charlotte Billing	Sapphyr Stuhlfauth	Leslie Drage
Alexis Grant	Ruby Moriarty	Declan Hollingsworth	Chloe Haughton	Ingrid Smith	Makaylah Sheehan	Emily Mitchell
William Ryan	Easton Miller	Hugo Williams	Leighen Field	Evie Johnstone	Toby Killick	Scarlett Berry
Guguburra	Dyirridyirri	Guya	Ganyi	Gadi	Bilbi	Barrandhang
Noah Pound-McGuiness	Olive Moseley	Kya Schick	Tehya Eggleton	Holly Peterson	Danny Quinn	Leuwin McGill
Mila Anthony	Stephen Dawson	Alex McFarland	Harrison Pound-McGuiness	Michael Howarth		Madeline Fraser
Kaiden Hill	Antonio Adattini	Sean Cox-Coffee	Charlie Clarke			Mitchell Moriarty
Gugaa	Wilay	Bandha	Mirri	Budyabudya	Yarraman	Jack Billing
Kiaya Blackmore	Nicholas Hall	Jay Simpson	Toby Larsen	Isabell Duncan	Katinka McKeown	L & S
Luke Britten	Jemima Scammell				Greg Whittington	
Michael Whitton	Roderick Le				Matilda Oborn	



PBL Awards

20 Billys	25 Billys	40 Billys	50 Billys	60 Billys	75 Billys
Ben Miller Henry Rowlands Noah Thorn Olivia Cameron Levi Foti	Josh Morrison Phillip Ingram Stephanie Kilner		Ebony Davis Lexie Ryan	Treydon Howarth Izaak Perfrement	Riley McLeish Bella Graham
80 Billys	100 Billys	120 Billys	140 Billys	150 Billys	160 Billys
Stephen Dawson Mahalia Doolon Olive Moseley	Savannah Cassidy Seamus Horton Tess Christie Star Nelligan	Scarlett Berry Eliza Beck Braxton Williams	Dominic Hussell Selena McCulloch	Leuwin McGill	Skylah O'Brien
180 Billys	200 Billys	220 Billys	250 Billys	300 Billys	350 Billys
			Ruby Smith Brayden Curtis		

COWRA PUBLIC SCHOOL

2019 CANTEEN PRICE LIST

~PLEASE NOTE: NO EFTPOS FACILITIES EXIST & CREDIT WILL NOT BE GIVEN~

Prices effective from Monday 16th September 2019.

RECESS PURCHASES are made directly from the canteen during recess break.

ALL LUNCH ORDERS MUST BE WRITTEN ON A PAPER BAG AND HANDED IN TO THE CANTEEN BY 11.15AM

##NO HOT FOOD LUNCH ORDERS WILL BE TAKEN AFTER 11.15AM.##

SNACKS (Recess & Lunch)

Carrot Sticks (E)	.05
¼ Orange (E)	.10
Celery (E)	.20
Cheese (E)	.20
Slinky Apple (E)	1.00
Seasonal Fruit (E)	1.00
Cheese & Crackers (E)	.80
(Small)	
Cheese & Crackers (E)	1.50
(Large)	
Pizza Muffin (O) (recess only)	1.50

Custard Cup (O)	.70
Jelly Cup (O)	.70
Fruit Salad Cup (E)	1.50
Fresh Popcorn (O)	1.50
Watermelon on stick (E)	.50
Veggie Dip Pack (E)	1.50

DRINKS

Water (large) (E)	1.60
Water (small) (E)	1.00
Flavoured Milk (E)	2.50
(Chocolate & Strawberry)	
Up & Go (E)	2.70
(Choc Ice, Caramel, Banana	
and Vanilla)	
Fruit Juice Popper (E)	2.00

SANDWICHES AND WRAPS

(Please specify wholemeal or white)

Vegemite Sandwich (E)	2.20	Chicken or Ham & Salad Sandwich (E)	5.50
Cheese Sandwich (E)	3.00	Chicken or Ham & Salad Wrap (E) Full Wrap	6.00
		Half Wrap	4.00
Chicken Sandwich(fresh) (E)	4.20	Salad Sandwich (no meat) (E)	4.20
Ham Sandwich (E)	4.20	Salad Bowl (E)	5.80
Egg Sandwich (E)	3.50	Chicken or Ham Salad Bowl (E)	6.80

Please add 20c for each additional filling to the basic sandwich price. Extras include, sauces, mayonnaise and having the sandwich or wrap toasted.

A BITE OF FUN WRAPS (Available in Full and Half size)

Cluck Cluck Wrap – (E)	Full Wrap	6.00	Half Wrap	4.00
contains fresh chicken, lettuce, croutons, cheese and mayonnaise				
Siesta Wrap – (E)	Full Wrap	6.00	Half Wrap	4.00
contains lean mince, lettuce, cheese and tomato				

HOT FOOD

Spaghetti Bolognese (E)	5.50		
Lasagne (E)	5.50	Aussie Burger (E)	5.50
Chicken and Fried Rice (E)	5.50	(beef burger, lettuce, beetroot, tomato & cheese)	
Fresh Pizzas cooked on a wrap base –		Chicken Burger (E)	5.50
Ham, Cheese & Pizza Sauce (E)	3.50	(grilled chicken breast, lettuce & mayonnaise)	
Ham, Cheese, Pineapple & Pizza Sauce (E)	3.50	Crispy Chicken Strips (each. Max 3) (O)	1.50
Chicken & Barbeque sauce (E)	3.50		
Curry Sausages served with rice (E)	5.50	Sauce portions-BBQ, Tomato or Sweet & Sour	.60c
Savoury Mince served with potato(E)	5.50		
Soup of the Day	5.50		
Honey Mustard Chicken (E)	5.50		

COLD SNACKS (Lunch Only)

Quech Sticks (E)	1.00
Frozen Juice (E)	0.50
(Apple, Orange, Orange/Mango & Apple/Blackcurrant)	
Frozen Yoghurt (O)	2.50
(Watermelon & Mango/Choc Vanilla)	
Slushies (E)	2.00

Cowra Public School Canteen is now accredited as A Healthy Schools Canteen.

(E) stands for everyday and includes foods that are healthy for our children to eat each day.

(O) stands for occasional and includes foods that are treats for our children to eat occasionally.

22 OCT
SESSION 1
9:30 - 11AM

29 OCT
SESSION 2
9:30 - 11AM



COWRA PUBLIC SCHOOL PRESENTS

KINDER ORIENTATION

BOOK NOW ON
(02) 6342 2400

5 NOV
SESSION 3
9:30 - 11AM

12 NOV
SESSION 4
9:30 - 11AM

19 NOV
SESSION 5
9:30 - 3PM

Intention to apply for Year 7 entry to a selective high school in 2021

Dear Parent/Carer

Selective high schools cater for academically high potential and gifted students who may otherwise be without sufficient classmates of their own academic standard. Selective schools help these students to learn by grouping them with students of similar ability, using specialised teaching methods and materials.

Selective high schools are un-zoned so parents can apply regardless of where they live. Applications for selective high school placement are considered mainly on the basis of the Selective High School Placement Test results and school assessment scores. The Selective High School Placement Test will be held on **Thursday 12 March 2020**.

If you would like to have your child considered for Year 7 selective high school entry in 2021, you need to apply on the internet using a valid email address (not the student's email address).

Detailed instructions on how to apply online will be available from late-September 2019 at <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7>.

The application website opens at that link on **8 October 2019** and closes at **10pm on 11 November 2019**. **You must apply before the closing date.**

There are no paper application forms. If you do not have internet access, you could apply at a public library. If you have a disability that prevents you from using a computer, you can contact the Unit for assistance after 8 October 2019.

You must submit only **ONE** application for each student.

Remember: the tear-off slip below is NOT an application and the school cannot apply on your behalf.

Yours sincerely

Jenny Lewis
Principal

Cut along the dotted line and return the completed slip below to this school.

Note: THIS IS NOT AN APPLICATION FOR ENTRY TO A SELECTIVE HIGH SCHOOL. This is a notice to your primary school only that you **intend** to apply.

TO APPLY YOU WILL NEED TO REGISTER AND THEN APPLY THROUGH THE HIGH PERFORMING STUDENTS WEBSITE.

<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes>

Intention to apply for Year 7 entry to a selective high school in 2021

Student's name: _____ Class: _____

I intend to apply for selective high school entry in Year 7 in 2021 through the High Performing Students Team website between 8 October 2019 and 11 November 2019.

Yes ☐

No ☐

Signature of parent/carers: _____ Date: _____

Note: THIS IS NOT AN APPLICATION FOR ENTRY TO A SELECTIVE HIGH SCHOOL. This is a notice to your primary school only that you **intend** to apply.

TO APPLY YOU WILL NEED TO REGISTER AND THEN APPLY THROUGH THE HIGH PERFORMING STUDENTS WEBSITE.

<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes>



WESTERN NSW FOOTBALL CLUB

Player Trials for 2020 Season

Women's (Under 14/15/17/Seniors) FNSW NPL 2 Women

Sunday November 3rd, 2019
Jack Brabham Park, Orange
U14/U15/U17/Women - 10:00am

Wednesday November 13th, 2019
Jack Brabham Park, Orange
U14/U15/U17/Women - 6:15pm

Skill Acquisition Program (Under 9/10/11/12 Boys and Under 10/12 Girls) FNSW SAP

Sunday November 3rd, 2019
Jack Brabham Park, Orange
U9/U10 Boys and U10/U12 Girls - 1:00pm
U11/U12 Boys - 2:30pm

Wednesday November 6th, 2019
Jack Brabham Park, Orange
U9/U10/U11/U12 Boys and U9/10 Girls
- 6:15pm

Boys Youth (Under 13/14/15/16 Boys) FNSW NPL 2 Boys Youth

Wednesday November 6th, 2019
Jack Brabham Park, Orange
U13/U14 - 6:15pm

Thursday November 7th, 2019
Jack Brabham Park, Orange
U15/U16 - 6:15pm

Men's (U18/U20/1st) FNSW NPL4

Thursday November 7th, 2019
Jack Brabham Park, Orange
U18 - 6:15pm

Players for U20 and 1st Grade
to register online and players
will be contacted with Trial
information.

Players should
attend the 1st Listed
Trial Date unless
unavailable

Please arrive 15-20
minutes before the
scheduled starting
time for sizing and
registration check-off

Players are to bring
playing attire, ball
and drink bottle

Players should check
Western NSW FC page
on Facebook for any
necessary changes to
trials or in event of
poor weather

ALL PLAYERS MUST TRIAL IN THEIR CORRECT AGE GROUP unless advised/approved by Western NSW FC

All players are to register using the

WESTERN NSW FOOTBALL CLUB TRIAL REGISTRATION FORM

<https://form.jotform.com/82818035864969>

For more information please contact wswfcwomens@outlook.com for Women's Trials
and wswfc@outlook.com for SAP, Boys Youth and Men's Trials



Book Fair Summer 2019

Thursday, 7th - Saturday,
9th November

Thousands of clean, high quality
books

St John's Anglican Church Hall Cowra

Opening hours for Summer Book Fair

Thursday, 7th, Friday, 8th November
8.30 - 4.15

Saturday, 9th November 8.30 - 1pm

Contact: Bruce Pietsch 0427 722 810

Len Shepherdson 0419 164 563

Saturday 9 November 2019

2 pm

**at St Raphael's Hall
Lachlan St, Cowra**

cost \$10

Guest Speaker

Rebecca Barcham

Medical Sonographer

Endometriosis

Afternoon Tea

Hosted by Cowra Evening Branch of CWA



Riding for the Disabled Association (N.S.W.) Cowra Centre

OPEN DAY INVITATION

TO

FAMILIES, FRIENDS, SPONSORS

Come along and enjoy a display of riding.

We have had an extremely busy 2019 and our riders would like to show how much they have learnt.

Wednesday 13 November at Pony Club Grounds,
Showground Lane, Cowra.

Cowra Public 9.15 to 10.45
Holman Place 10.50 to 11.30,
12.15 to 12.55 and 1.00 to 1.40
Mulyan 12.15 to 12.55
Cowra High 10.50 to 11.30

Refreshments provided – gold coin donation would be appreciated.