

Students without lunch will be referred to the office and parental contact will be made or a pre made sandwich will be offered.

No food from home will be heated or toasted.

How to order from the canteen:

- All lunch orders must be written on a paper bag and handed to the canteen between 8.45am and 9.10am.
- Write the order clearly on the bag including name and class.
- Please do not seal the bag. Wrap the correct money (if possible, although change will be given).
- A charge of 20c will be made if you do not have a lunch bag.

Recess purchases are made directly from the canteen during the recess break.

Sorry credit is not available at the canteen.

Prices effective from
Thursday, 28 January, 2016
and subject to change

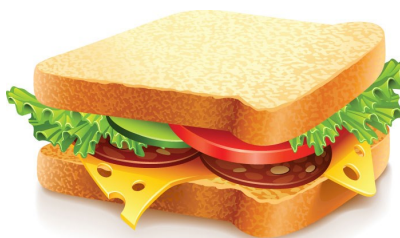
We need volunteers.

Welcome anytime.

Every bit of help counts.

Please phone Lisa or call in at the canteen and see Lisa and put your name on the roster.

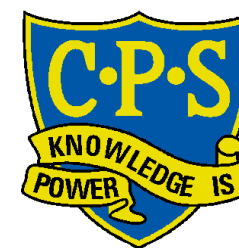
Thank you for your support.



Cowra Public School P & C Canteen Menu

Summer Menu

Canteen open every day
for recess and lunch



Lisa Willis ~ Canteen Manager

Phone 6342 2400

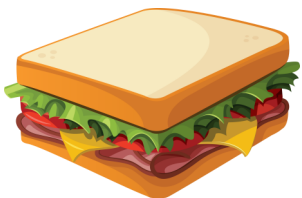


Everyday Healthy Choices

Sandwiches

Vegemite	2.00
Cheese	2.50
Chicken (fresh)	3.70
Chicken & Salad	4.20
Ham	3.20
Tomato	2.20
Egg	3.00
Ham & Salad sandwich	4.20
Salad (no meat) sandwich	3.40
Salad Bowl	4.50
Salad Bowl (with meat) (chicken or ham)	5.00

- To have additional sandwich filling, add .10c to the basic price for each additional filling.
- Extras include: tomato sauce, pickles, mayonnaise.
- Toasted sandwich an extra .10c.
- Bread rolls & wraps cost .30c extra



Hot Food

Spaghetti Bolognaise	4.30
Lasagne	4.30
Fish & Salad	4.50



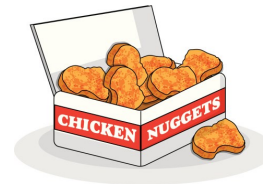
Occasional Hot Food

These foods should be ordered infrequently for children as a treat

Chicken Nuggets (max. 6) each	.60c
Small Pies	2.20
Large Pies	3.50
Sausage Rolls	3.00

Extras

Tomato Sauce each	.40c
Sweet and Sour Sauce each	.40c
Sauce (limit 2)	



Snacks

Carrot Stick	.05c
1/4 Orange	.10c
Celery	.20c
Cheese	.20c
Slinky Apples	.60c
Vanilla Custard	1.70c
Seasonal Fruit	.50c
Popcorn	1.20
Cheese & crackers (large)	1.20
(small)	.70c



Drinks

Water (large)	1.50
Up & Go	2.20
Popper	1.50



Ice blocks and Ice creams

Quelch Sticks	.50c
Mini Callippo	1.20
Paddlepops	2.00
Lemonade Ice Twist	1.70
Frozen Juice	1.00

Please note that ice creams are available at lunch only.